

# BWC Health and Wellness Program

## Taking Care of Ohio's Workforce

BWC's mission is to protect Ohio's workers and employers through the prevention, care and management of work-place injuries and illnesses at fair rates. BWC is ready to lead a sustained, scalable effort to address the quality of life and health challenges for Ohio's workforce. Our unique position enables us to positively impact the quality of life and health for Ohio's workforce and improve the efficiency of Ohio's businesses.

Having a healthy workforce gives employers the ability to focus on their businesses and manage their workers' compensation and health-care costs. A Health and Wellness Program that benefits Ohio's workforce can:

- o Prevent injuries because of improved workforce health;
- o Reduce the severity of an injury;
- o Increase the speed of recovery from an injury;
- o Reduce time away from work due to an injury.

A key element for a successful Health and Wellness Program is offering appropriate services by a qualified, provider network. Once built, our network and available services will offer a one-stop shop for all to find and use health-prevention resources. We believe a vendor could administer this initiative for employers and their employees. A sample of services includes:

- o Health and wellness awareness, education and training;
- o Health-risk assessments and biometric screenings;
- o Personalized health coaching, nurse advice line;
- o Lifestyle management programs;
- o Disease-management programs.

While all Ohioans could benefit from this initiative, BWC will focus initially on a smaller participant group and based on feedback - expand the program. BWC will offer program funding on a first come, first serve basis to Ohio's workforce and injured workers whose employers do not have such a program until the \$6 million are utilized.

Workforce eligibility criteria	Injured worker eligibility criteria
<p>Ohio employers with 50 employees or less in the following industries:</p> <ul style="list-style-type: none"> <li>• Agriculture;</li> <li>• Automotive repair and service;</li> <li>• Construction;</li> <li>• Firefighters;</li> <li>• Health care;</li> <li>• Manufacturing;</li> <li>• Police and public safety;</li> <li>• Public employers;</li> <li>• Restaurant and food service;</li> <li>• Transportation and trucking;</li> <li>• Trash collection;</li> <li>• Wholesale and retail.</li> </ul>	<p>BWC will invite the injured worker to participate after consulting with their employer and managed care organization.</p> <p>Additional eligibility criteria could include:</p> <ul style="list-style-type: none"> <li>• Comorbid conditions;</li> <li>• Injury diagnosis (ICD-10);</li> <li>• Occupation and industry;</li> <li>• Time away from work.</li> </ul>